



HLTAID009 & HLTAID011 - First Aid + CPR Details

About this Course

Course Description:

The First Aid + CPR course provides essential training to equip participants with lifesaving skills for responding to medical emergencies in the workplace, home, or public settings. This course covers basic first aid principles, CPR techniques, wound care, choking response, and how to manage medical conditions such as heart attacks, strokes, and anaphylaxis.

Participants will learn hands-on practical skills using manikins and first aid equipment to simulate real-world emergencies. By the end of this course, attendees will be confident in assessing medical situations, administering CPR, using an automated external defibrillator (AED), and applying first aid techniques until professional medical help arrives.

Location:

Public courses are conducted at our facilities in **Sydney**. Private courses can be arranged at your site, provided it meets training and assessment requirements.

Course Outline:

- Onsite training available
- Nationally recognised
- CPR training on adults, children, and infants
- Basic first aid response to injuries and illnesses
- Use of Automated External Defibrillator (AED)
- Nationally recognised certification

COURSE OVERVIEW

🕒 1 Day

👥 10 Seats

Qualification:

HLTAID009 Provide Cardiopulmonary Resuscitation

HLTAID011 Provide First Aid

Assessment Type:

Theory and Practical

Prerequisite:

No prior qualifications required

